



May 2025

Food Safety Test Results – Summary

This report presents the nutritional analysis of **Fresh Farm Goodness (FFG) Eggs**, conducted by **Interfield Laboratories (IFL)**, an independent NABL-accredited testing facility.

The sample was received in good condition and tested using internationally accepted food testing methods. The results reflect the natural nutritional profile of whole eggs (per 100g):

- › Energy: **137 kcal**
- › Protein: **12.2 g**
- › Total Fat: **9.02 g**
- › Carbohydrates: **1.71 g**
- › Total Sugars: **Below detectable limits**

What this means for you:

FFG eggs are naturally rich in **high-quality protein**, contain **healthy fats**, and have **no measurable sugar**, making them a nutritious choice for everyday consumption.

This report reinforces our commitment to **transparency, food safety, and nutritional integrity**—so you know exactly what's on your plate.



INTERFIELD LABORATORIES



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CERTIFICATE OF ANALYSIS | ORIGINAL
No. KH 141727 / 2025

CUSTOMER NAME & ADDRESS	DATE OF ISSUE : 24-05-2025
M/s. FRESH FARM GOODNESS PRIVATE LIMITED	SAMPLE RECEIPT : 21-05-2025
69/935, CITIZEN ROAD	SAMPLE CODE : KH/25/73148/C59187
AAYYAPPANKAVU	ANALYSIS STARTED : 21-05-2025
KOCHI-682018	ANALYSIS COMPLETED : 23-05-2025
KERALA INDIA	

INFORMATION PROVIDED BY CUSTOMER		TEST DETAILS					
SAMPLE NAME		: EGGS					
OTHER INFORMATION		: RECEIVED IN GOOD CONDITION					
CONDITION OF SAMPLE		: CUSTOMER					
SAMPLE SUBMITTED BY							
SI. No.	PARAMETERS TESTED	UNIT OF MEASUREMENT	RESULTS	LIMIT OF QUANTIFICATION (LOQ)	TEST METHOD		
1	ENERGY	kcal/100g	137	--	IFL C/QSP G/027		
2	CARBOHYDRATES	g/100g	1.71	--	AOAC 22nd Ed; 986.25 (by difference)		
3	PROTEIN	g/100g	12.2	0.1	IFL C/QSP G/053		
4	TOTAL FAT	g/100g	9.02	0.1	IFL C/QSP G/064		
5	TOTAL SUGARS	g/100g	< LOQ	0.25	IFL C/QSP G/026		

ORIGINAL

The results are related only to the samples submitted for analysis and should not be used for advertisements, evidence or litigation | The liability of the laboratory will be limited to a refund of the fees collected | This certificate shall not be reproduced except in full, without the written approval of the laboratory

FOR AND ON BEHALF OF
INTERFIELD LABORATORIES

ANANDU RAVI
Sr. ANALYST (CHEMISTRY)
24-05-2025
AUTHORISED SIGNATORY